

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: ZPL

Coachinfo: Warming up from: 13:15 untill 14:10. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansichem Deena

Coaches: Gerard Pascal HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 50M BREASTSTROKE MIXED 10-9			Heat:1, starttime: 14:15
Heat: 1/4 Lane : 7 Athlete: OOSTERBOSCH FINN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 15: 50M BREASTSTROKE MIXED 10-9			Heat:4, starttime: 14:20
Heat: 4/4 Lane : 6 Athlete: NICOLAERS MARIE			Q-time: 00:50:28
PB (50m pool): no time			PB (25m pool): 00:55.36 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 14:22
Heat: 1/11 Lane : 2 Athlete: OOSTERBOSCH NOAH			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 14:24
Heat: 2/11 Lane : 1 Athlete: JONGEN KENZI			Q-time: 02:13:65
PB (50m pool): 02:13.13 SportinGenk Park 06/04/2026			PB (25m pool): 02:13.65 SB: 02:13.13 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	01:05.04	02:13.13	
	01:05.04	01:08.09	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 14:46
Heat: 1/13 Lane : 3 Athlete: OOSTERBOSCH EMMA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:52
Heat: 3/13 Lane : 3 Athlete: JONGEN JADE			Q-time: 01:49:00
PB (50m pool): 01:46.48 SportinGenk Park 06/04/2026			PB (25m pool): 01:42.56 SB: 01:46.48 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:50.40	01:46.48	
	00:50.40	00:56.08	
			

Coach feedback:

Event number: 20: 100M FREESTYLE MIXED 10-9			Heat:1, starttime: 15:24
Heat: 1/4 Lane : 7 Athlete: OOSTERBOSCH FINN			Q-time: 02:19:21
PB (50m pool): 02:20.46 SportinGenk Park 06/04/2026			PB (25m pool): 02:19.21 SB: 02:20.46 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	01:08.95	02:20.46	
	01:08.95	01:11.51	
			

Coach feedback:

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Event number: 20: 100M FREESTYLE MIXED 10-9				Heat:4, starttime: 15:31
Heat: 4/4 Lane : 1 Athlete: NICOLAERS MARIE				Q-time: 01:23:71
PB (50m pool): 01:22.87 SportinGenk Park 06/04/2026		PB (25m pool): 01:23.71 SB: 01:22.87 SportinGenk Park 06/04/2026		
	5 0 M	1 0 0 M		
PB	00:39.65	01:22.87		
	00:39.65	00:43.22		
				

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+				Heat:1, starttime: 15:33
Heat: 1/10 Lane : 3 Athlete: OOSTERBOSCH NOAH				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+				Heat:1, starttime: 15:52
Heat: 1/12 Lane : 2 Athlete: OOSTERBOSCH EMMA				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+					Heat:1, starttime: 16:34
Heat: 1/3 Lane : 1 Athlete: JONGEN JADE					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 25: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:54	
Heat: 2/7 Lane : 6 Athlete: JONGEN KENZI							Q-time: 08:12:38	
PB (50m pool): no time			PB (25m pool): 08:12.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 17:50	
Heat: 3/7 Lane : 1 Athlete: GERARD LAURE							Q-time: 06:23:28	
PB (50m pool): no time			PB (25m pool): 06:23.28 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback: